

# **ab207204 FOXO1 Transcription Factor Assay Kit (Colorimetric)**

Instructions for use:

For quantitative measurement of FOXO1 activation in human, mouse and rat nuclear extracts.

This product is for research use only and is not intended for diagnostic use.

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## 1. BACKGROUND

FOXO1 Transcription Factor Assay Kit (Colorimetric) (ab207204) is a high throughput assay to quantify FOXO1 activation. This assay combines a quick ELISA format with a sensitive and specific non-radioactive assay for transcription factor activation.

A specific double stranded DNA sequence containing the FOXO1 consensus binding site (5' – TTGTTTAC – 3') has been immobilized onto a 96-well plate. Active FOXO1 present in the nuclear extract specifically binds to the oligonucleotide. FOXO1 is detected by a primary antibody that recognizes an epitope of FOXO1 accessible only when the protein is activated and bound to its target DNA. An HRP-conjugated secondary antibody provides sensitive colorimetric readout at OD 450 nm. This product detects human, mouse and rat FOXO1.

Key performance and benefits:

- Assay time: 3.5 hours (cell extracts preparation not included).
- Detection limit: < 5 µg nuclear extract/well.
- Detection range: 5 – 20 µg nuclear extract/well.

The FOXO (Forkhead Box, class O) proteins form a subfamily of Forkhead transcription factors that are direct targets of phosphoinositide 3-kinase (PI3K) mediated signal transduction. Phosphorylated, inactive FOXO proteins remain bound to 14-3-3 proteins in the cytoplasm thereby preventing nuclear import of FOXO. In the absence of survival signals, cytoplasmic FOXO is dephosphorylated, causing dissociation from 14-3-3 proteins and allowing nuclear import of FOXO to activate gene expression.

## INTRODUCTION

The most well studied FOXO members include FOXO1/FKHR (Forkhead in rhabdomyosarcoma), FOXO4/AFX (acute-lymphocytic-leukaemia-1 fused gene from chromosome X), and FOXO3a/FKHRL1 (FKHR-Like 1). FOXO1 mRNA is detected at its highest levels in brown adipose tissue, white adipose tissue and spleen, with lower levels in liver and skeletal muscle. In different cell types, FOXO proteins modulate various cellular activities. In hepatocytes, FOXO proteins regulate the expression of factors involved in gluconeogenesis, such as peroxisome proliferator-activated receptor- $\alpha$  coactivator-1, glucose-6-phosphate and phosphoenolpyruvate carboxykinase.

While Forkhead transcription factors do not bind to a clear consensus sequence, the subclasses have been shown to bind to specific sequence elements. For example, FOXO and HNF subclasses of Forkhead proteins have been shown to bind to the insulin response elements (IREs) of insulin-like growth factor-binding protein-1 (IGFBP-1). FOXO transcription factors bind to a consensus core sequence of 5'-TTGTTTAC-3', which includes a sequence TRTTTAY (with R a purine base and Y a pyrimidine base) conserved among various Forkhead members.

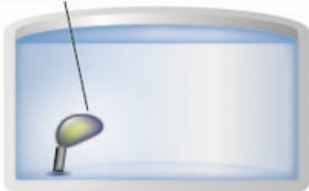
## 2. ASSAY SUMMARY

### Single Stranded DNA oligonucleotide



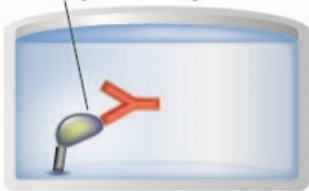
Prepare all reagents, nuclear extracts and controls as instructed. Plate is supplied pre-coated with an oligonucleotide containing FOXO1 consensus binding site.

### Sample



Add sample (nuclear extracts containing activated transcription factor) to appropriate wells. Incubate plate for 1 hour at RT.

### Primary Antibody



Add primary antibody to wells. Incubate plate for 1 hour at RT.

### HRP-Conjugated Antibody



Aspirate and wash each well. Add HRP-conjugated secondary antibody. Incubate plate for 1 hour at RT.

### Substrate



Aspirate and wash each well. Add developing solution until wells turn medium to dark blue. Add Stop Solution. Measure absorbance at OD 450 nm.

### 3. PRECAUTIONS

**Please read these instructions carefully prior to beginning the assay.**

- All kit components have been formulated and quality control tested to function successfully as a kit.
- We understand that, occasionally, experimental protocols might need to be modified to meet unique experimental circumstances. However, we cannot guarantee the performance of the product outside the conditions detailed in this protocol booklet.
- Reagents should be treated as possible mutagens and should be handled with care and disposed of properly. Please review the Safety Datasheet (SDS) provided with the product for information on the specific components.
- Observe good laboratory practices. Gloves, lab coat, and protective eyewear should always be worn. Never pipet by mouth. Do not eat, drink or smoke in the laboratory areas.
- All biological materials should be treated as potentially hazardous and handled as such. They should be disposed of in accordance with established safety procedures.

### 4. STORAGE AND STABILITY

**Store kit at -20°C (nuclear extract must be kept at -80°C) in the dark immediately upon receipt. Kit has a storage time of 1 year from receipt. After first use, components are stable for 6 months.**

Refer to list of materials supplied for storage conditions of individual components. Observe the storage conditions for individual prepared components in the Materials Supplied section.

Aliquot components in working volumes before storing at the recommended temperature.

## GENERAL INFORMATION

### 5. LIMITATIONS

- Assay kit intended for research use only. Not for use in diagnostic procedures.
- Do not mix or substitute reagents or materials from other kit lots or vendors. Kits are QC tested as a set of components and performance cannot be guaranteed if utilized separately or substituted.

### 6. MATERIALS SUPPLIED

Item	Amount		Storage Condition (Before Preparation)	Storage Condition (After Preparation)
	1 Plate	5 Plates		
FOXO1 antibody	12 $\mu$ L	60 $\mu$ L	-20°C	-20°C
Anti-rabbit HRP-conjugated IgG (0.25 $\mu$ g/ $\mu$ L)	11 $\mu$ L	55 $\mu$ L	-20°C	4°C
Wild-type oligonucleotide (10 pmol/ $\mu$ L)	100 $\mu$ L	500 $\mu$ L	-20°C	-20°C
Mutated oligonucleotide (10 pmol/ $\mu$ L)	100 $\mu$ L	500 $\mu$ L	-20°C	-20°C
Raji nuclear extract (2.5 $\mu$ g/ $\mu$ L)	40 $\mu$ L	200 $\mu$ L	-80°C	-80°C
Dithiothreitol (DTT) (1M)	100 $\mu$ L	500 $\mu$ L	-20°C	-20°C
Protease Inhibitor Cocktail	100 $\mu$ L	500 $\mu$ L	-20°C	-20°C
Herring sperm DNA (1 $\mu$ g/ $\mu$ L)	100 $\mu$ L	500 $\mu$ L	-20°C	-20°C
Lysis Buffer	10 mL	50 mL	-20°C	4°C
Binding Buffer	10 mL	50 mL	-20°C	4°C
10X Wash Buffer	22 mL	110 mL	-20°C	4°C
10X Antibody Binding Buffer	2.2 mL	11 mL	-20°C	4°C
Developing Solution	11 mL	55 mL	-20°C	4°C
Stop Solution	11 mL	55 mL	-20°C	4°C
96-well assay plate	1	5	-20°C	4°C
Plate sealer	1	5	-20°C	RT

## GENERAL INFORMATION



### 7. MATERIALS REQUIRED, NOT SUPPLIED

These materials are not included in the kit, but will be required to successfully perform this assay:

- Microplate reader capable of measuring absorbance at OD 450nm (OD 655 nm can be used as optional reference wavelength)
- MilliQ water or other type of double distilled water (ddH<sub>2</sub>O)
- Pipettes and pipette tips, including multi-channel pipette
- Assorted glassware for the preparation of reagents and buffer solutions
- Tubes for the preparation of reagents and buffer solutions
- Rocking Platform

**For nuclear extract preparation:**

- Hypotonic buffer (20 mM Hepes pH7.5, 5 mM NaF, 10  $\mu$ M Na<sub>2</sub>MoO<sub>4</sub>, 0.1 mM EDTA)
- Phosphatase Inhibitors (NaF,  $\beta$ -glycerophosphatase, PNPP, NaVO<sub>3</sub>)
- 10X PBS (0.1 M phosphate buffer pH7.5, 1.5 M NaCl, 27 mM KCl)
- NP-40

Alternatively, you can use our Nuclear Extraction Kit (ab113474) to prepare nuclear extracts.

### 8. TECHNICAL HINTS

- **This kit is sold based on number of tests. A ‘test’ simply refers to a single assay well. The number of wells that contain sample or control will vary by product. Review the protocol completely to confirm this kit meets your requirements. Please contact our Technical Support staff with any questions.**
- Selected components in this kit are supplied in surplus amount to account for additional dilutions, evaporation, or instrumentation settings where higher volumes are required. They should be disposed of in accordance with established safety procedures.
- Avoid foaming or bubbles when mixing or reconstituting components.
- Avoid cross contamination of samples or reagents by changing tips between sample and reagent additions.
- Ensure plates are properly sealed or covered during incubation steps.
- Ensure all reagents and solutions are at the appropriate temperature before starting the assay.
- Make sure all necessary equipment is switched on and set at the appropriate temperature.

## 9. REAGENT PREPARATION

- Briefly centrifuge small vials at low speed prior to opening.

Please see Quick Table for Reagent Preparation at the end of this section for a quick reference.

### 9.1. **Dithiothreitol (DTT, 1 M):**

Ready to use as supplied. Dilute in Lysis Buffer and Binding Buffer as described in section 9.4 and 9.5 respectively. Store at -20°C.

### 9.2. **Protease Inhibitor Cocktail (PIC):**

Ready to use as supplied. Dilute in Lysis Buffer as described in section 9.4. Store at -20°C.

### 9.3. **Herring sperm DNA (1 µg/µL):**

Ready to use as supplied. Dilute in Binding Buffer as described in section 9.5. Store at -20°C.

### 9.4. **Lysis Buffer:**

Prepare **Complete Lysis Buffer (CLB)** by adding 1 µL of 1 M DTT and 10 µL of Protease Inhibitor Cocktail to 1 mL of Lysis Buffer – see Quick Table for Reagent Preparation to see how much is required depending on number of tests. Use the CLB immediately for cell lysis. The remaining amount should be discarded if not used in the same day.

Store undiluted Lysis Buffer at 4°C.

### 9.5. **Binding Buffer:**

Prepare **Complete Binding Buffer (CBB)** by adding 10 µL of 1 µg/µL Herring Sperm DNA to 1 mL of Binding Buffer – see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Discard remaining CBB if not used in the same day. Store undiluted Binding Buffer at 4°C.

### 9.6. **Wash Buffer:**

Prepare **1X Wash Buffer** by making a 1/10 dilution of 10X Wash Buffer in distilled water (ddH<sub>2</sub>O) – see Quick Table for Reagent Preparation to see how much is required depending on number of tests. Mix gently to avoid foaming.

1X Wash Buffer can be stored at 4°C for one week. **NOTE:** *Tween 20 contained in the 10X Wash Buffer may form clumps. If this happens, homogenize buffer by vortexing for 2 minutes prior to use.*

Store undiluted 10X Wash Buffer at 4°C.

### 9.7. **Antibody Binding Buffer:**

Prepare **1X Antibody Binding Buffer (ABB)** by making a 1/10 dilution of 10X Antibody Binding Buffer in distilled water (ddH<sub>2</sub>O) – see Quick Table for Reagent Preparation to see how much is required depending on number of tests. Mix gently to avoid foaming.

Discard remaining 1X ABB if not used in the same day. **NOTE:** *BSA contained in the 10X Antibody Binding Buffer may form clumps. If this happens, homogenize the buffer by warming to room temperature and vortexing for 1 minute prior to use.*

Store undiluted 10X Antibody Binding Buffer at 4°C.

### 9.8. **FKHR (FOXO1) antibody:**

Pre-dilute supplied FOXO1 antibody 1/1000 in 1X ABB – see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Aliquot and store undiluted FOX1 antibody at -20°C. Avoid multiple freeze/thaw cycles.

### 9.9. **Anti-rabbit HRP-conjugated Antibody:**

Dilute supplied anti-rabbit HRP-conjugated antibody 1/1000 in 1X ABB – see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Aliquot and store undiluted anti-rabbit HRP-conjugated antibody at 4°C. Avoid multiple freeze/thaw cycles.

### 9.10. **Developing Solution:**

Ready to use as supplied. Warm Developing Solution to room temperature 1 hour prior to use – see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Store unused Developing Solution in the dark at 4°C. The Developing Solution may develop a yellow hue over time, but this does not affect product performance. A blue color present in the Developing Solution indicates that it has been contaminated and must be discarded.

### 9.11. **Stop Solution:**

Ready to use as supplied. Store unused Stop Solution at 4°C.

**WARNING:** *Stop Solution is corrosive. Wear personal protective equipment when handling, i.e. safety glasses, gloves and labcoat.*

### 9.12. **Raji nuclear extract (2.5 µg/µL):**

Ready to use as supplied. Extract has been optimized to be used at 5 µg/well. There is enough extract to perform 20 reactions per plate. Aliquot extract in 5 µL fractions and store at -80°C. Avoid multiple freeze/thaw cycles.

### 9.13. **Control oligonucleotides (Wild-type & mutated):**

Oligonucleotides are provided to monitor the specificity of the assay.

Wild-type oligonucleotide: competes with the probe immobilized on the plate for FOXO1 binding.

Mutated oligonucleotide: no effect on ability of sample nuclear extracts to bind to FOXO1 consensus binding site.

Use wild-type and/or mutated oligonucleotide at 10 pmol/well: dilute 1.13  $\mu\text{L}$  appropriate oligonucleotide in 43.88  $\mu\text{L}$  of CBB (section 9.5) per well used – see Quick Table for Reagent Preparation to see how much is required depending on number of tests.

Aliquot undiluted oligonucleotides and store at  $-20^{\circ}\text{C}$ . Avoid multiple freeze/thaw cycles.

### 9.14. **96-well assay plate:**

Ready to use as supplied.

Store unused strips in the aluminium pouch at  $4^{\circ}\text{C}$ .

### 9.15. **Plate sealer:**

Ready to use as supplied. Store at room temperature.

## ASSAY PREPARATION

### Quick Table for Reagent Preparation

Reagents to prepare	Components	1 well	1 strip (8 wells)	6 strips (48 wells)	12 strips (96 wells)
Complete Lysis Buffer (CLB)	DTT	0.01 $\mu$ L	0.1 $\mu$ L	0.6 $\mu$ L	1.2 $\mu$ L
	PIC	0.12 $\mu$ L	0.9 $\mu$ L	5.4 $\mu$ L	10.8 $\mu$ L
	Lysis Buffer	11.12 $\mu$ L	89.0 $\mu$ L	534 $\mu$ L	1.068 mL
	<b>TOTAL REQUIRED</b>	<b>11.25 <math>\mu</math>L</b>	<b>90.0 <math>\mu</math>L</b>	<b>540 <math>\mu</math>L</b>	<b>1.08 mL</b>
Complete Binding Buffer (CBB)	Herring Sperm DNA	0.45 $\mu$ L	3.6 $\mu$ L	21.6 $\mu$ L	43.2 $\mu$ L
	Binding Buffer	44.55 $\mu$ L	356.4 $\mu$ L	2.138 mL	4.277 mL
	<b>TOTAL REQUIRED</b>	<b>45.0 <math>\mu</math>L</b>	<b>360 <math>\mu</math>L</b>	<b>2.16 mL</b>	<b>4.32 mL</b>
Oligo (wt or mutated) in CBB	Wt or mutated oligo	1.13 $\mu$ L	9 $\mu$ L	54 $\mu$ L	N/A
	CBB	43.88 $\mu$ L	351 $\mu$ L	2.106 mL	N/A
	<b>TOTAL REQUIRED</b>	<b>450 <math>\mu</math>L</b>	<b>360 <math>\mu</math>L</b>	<b>2.16 mL</b>	<b>N/A</b>
1X Wash Buffer	ddH <sub>2</sub> O	2.025 mL	16.2 mL	97.2 mL	194.4 mL
	10X Wash Buffer	225 $\mu$ L	1.8 mL	10.8 mL	21.6 mL
	<b>TOTAL REQUIRED</b>	<b>2.25 mL</b>	<b>18 mL</b>	<b>108 mL</b>	<b>216 mL</b>

## ASSAY PREPARATION

Reagents to prepare	Components	1 well	1 strip (8 wells)	6 strips (48 wells)	12 strips (92 wells)
1X Ab Buffer*	ddH <sub>2</sub> O	202.5 µL	1.62 mL	9.72 mL	19.44 mL
	10x ABB	22.5 µL	180 µL	1.08 mL	2.16 mL
	<b>TOTAL REQUIRED</b>	<b>225 µL</b>	<b>1.8 mL</b>	<b>10.8 mL</b>	<b>21.6 mL</b>
1° Ab 1/1000 Dilution	FOXO1 Ab	0.11 µL	0.9 µL	5.4 µL	10.8 µL
	1X ABB	110 µL	900 µL	5.4 mL	10.8 mL
	<b>TOTAL REQUIRED</b>	<b>110.11 µL</b>	<b>900.9 µL</b>	<b>5.4 mL</b>	<b>10.8 mL</b>
2° Ab 1/1000 Dilution	HRP-conj Ab	0.11 µL	0.9 µL	5.4 µL	10.8 µL
	1X ABB	110 µL	900 µL	5.4 mL	10.8 mL
	<b>TOTAL REQUIRED</b>	<b>110.11 µL</b>	<b>900.9 µL</b>	<b>5.4 mL</b>	<b>10.8 mL</b>
Developing Solution	<b>TOTAL REQUIRED</b>	<b>112.5 µL</b>	<b>900 µL</b>	<b>5.4 mL</b>	<b>10.8 mL</b>
Stop Solution	<b>TOTAL REQUIRED</b>	<b>112.5 µL</b>	<b>900 µL</b>	<b>5.4 mL</b>	<b>10.8 mL</b>

\*Volumes listed refer to preparation of buffer for diluting both primary and secondary antibodies.



## 10. SAMPLE PREPARATION

- We recommend using our Nuclear Extraction Kit (ab113474) to prepare nuclear extracts, as it contains all necessary buffers and will help to reduce inconsistencies in the assay that may arise from using homemade or other buffers.
- Alternatively, you can refer to the protocol below.

### 10.1. Prepare reagents needed:

#### 10X PBS

0.1 M Phosphate Buffer, pH 7.5

1.5 M NaCl

27 mM KCl

Adjust to 250 mL with ddH<sub>2</sub>O. Prepare a 1X PBS solution dilute 10X PBS solution 1/10 in ddH<sub>2</sub>O.

Sterilize 1X PBS pH 7.5 solution by filtering through a 0.2 µm filter. Store filter-sterilized solution at 4°C.

#### For 250 mL:

3.55g Na<sub>2</sub>HPO<sub>4</sub> +

0.61g KH<sub>2</sub>PO<sub>4</sub>

21.9 g

0.5 g

#### PIB (Phosphatase Inhibitor Buffer)

125 mM NaF

250 M β-glycerophosphate

250 mM PNPP

25 mM NaVO<sub>3</sub>

Adjust to 10 mL with ddH<sub>2</sub>O. Mix the chemical by vortexing. Incubate solution at 50°C for 5 minutes. Mix again. Store at -20°C.

#### For 10 mL:

52 mg

0.55 g

1.15 g

31 mg

#### HB (Hypotonic Buffer)

20 mM Hepes, pH 7.5

5 mM NaF

10 µM Na<sub>2</sub>MoO<sub>4</sub>

0.1 mM EDTA

Adjust pH to 7.5 with 1 N NaOH. Adjust volume to 50 mL with ddH<sub>2</sub>O. Sterilize by filtering through a 0.2 µm filter. Store filter-sterilized solution at 4°C.

#### For 50 mL:

0.24 g

12 mg

5 µL of 0.1 M solution

10 µL of 0.5 M solution

## ASSAY PREPARATION

**PBS/PIB:** prior to use, add 0.5 mL of PIB to 10 mL of 1X PBS.

- 10.2. Use cells from a confluent 100-mm dish / 75 cm<sup>2</sup> flask. 1 x 10<sup>7</sup> cells yield approximately 0.5 mg of nuclear extract.
- 10.3. Wash cells with 10 mL of ice-cold PBS/PIB solution.
- 10.4. Add 10 mL of ice-cold PBS/PIB and scrape cells off the dish with a cell scraper. Transfer cells to a pre-chilled 15 mL tube and centrifuge at 300 x *g* for 5 minutes at 4°C in a pre-chilled centrifuge. Discard supernatant.
- 10.5. Resuspend pellet in 1 mL of ice-cold HB buffer by gently pipetting and transfer the cells into a pre-chilled 1.5 mL tube.
- 10.6. Allow cells to swell on ice for 15 minutes.
- 10.7. Add 5 µL 10% NP-40 (0.5% final) and mix by gently pipetting.
- 10.8. Centrifuge homogenate for 30 seconds at 4°C in a microcentrifuge. Discard supernatant.
- 10.9. Resuspend nuclear pellet in 50 µL Complete Lysis Buffer (see section 9.4) and rock the tube gently on ice for 30 minutes on a shaking platform.
- 10.10. Centrifuge for 10 minutes at 14,000 x *g* at 4°C and save supernatant (nuclear extract).
- 10.11. Determine protein concentration of the extract by using a Bradford-based assay. We recommend BCA Protein Quantification Kit (ab102536).
- 10.12. Aliquot and store nuclear extracts at -80°C. Avoid multiple freeze/thaw cycles.

## 11. ASSAY PROCEDURE

- Equilibrate all materials and prepared reagents to correct temperature prior to use.
- We recommend to assay all controls and samples in duplicate.
- Prepare all reagents and samples as directed in the previous sections.
- If less than 8 strips are used, cover the unused wells with a portion of the plate sealer while performing the assay. The content of these wells is stable at RT if kept dry and can therefore be used later for a separate assay. Use strip holder for the assay.

### 11.1. FOXO1 binding to its consensus sequence

11.1.1. Add 40  $\mu$ L CBB containing wt or mutated oligo (Step 9.12) to the Competitive Binding Control wells.

11.1.2. Add 40  $\mu$ L CBB to each of the other wells.

11.1.3. Prepare sample and control wells:

**Competitive Binding control wells** = 10  $\mu$ L of sample diluted in CLB (use 2 – 20  $\mu$ g of nuclear extract/well).

**Sample wells** = 10  $\mu$ L of sample diluted in CLB (use 2 – 20  $\mu$ g of nuclear extract/well).

**Positive control wells** = 2  $\mu$ L of provided Raji nuclear extract + 8  $\mu$ L CLB (5  $\mu$ g nuclear extract per well).

**Blank wells** = 10  $\mu$ L CLB only.

11.1.4. Use the provided adhesive cover to seal the plate. Incubate for 1 hour at RT with mild agitation (100 rpm on a rocking platform).

11.1.5. Wash each well 3 times with 200  $\mu$ L 1X Wash Buffer. For each wash, flick plate over a sink to empty the wells, then tap the inverted plate 3 times on absorbent paper towels.

## 11.2. Primary antibody binding

- 11.2.1. Add 100  $\mu$ L diluted antibody (1/1000 dilution in 1X ABB) to all wells being used.
- 11.2.2. Cover plate and incubate for 1 hour at RT without agitation.
- 11.2.3. Wash each well 3 times with 200  $\mu$ L 1X Wash Buffer. For each wash, flick plate over a sink to empty the wells, then tap the inverted plate 3 times on absorbent paper towels.

## 11.3. Secondary antibody binding

- 11.3.1. Add 100  $\mu$ L diluted anti-rabbit HRP-antibody (1/1000 dilution in 1X ABB) to all wells being used.
- 11.3.2. Cover plate and incubate for 1 hour at RT without agitation.
- 11.3.3. During this incubation, place Developing Solution at RT.
- 11.3.4. Wash each well 4 times with 200  $\mu$ L 1X Wash Buffer. For each wash, flick plate over a sink to empty the wells, then tap the inverted plate 3 times on absorbent paper towels.

## 11.4. Measurement

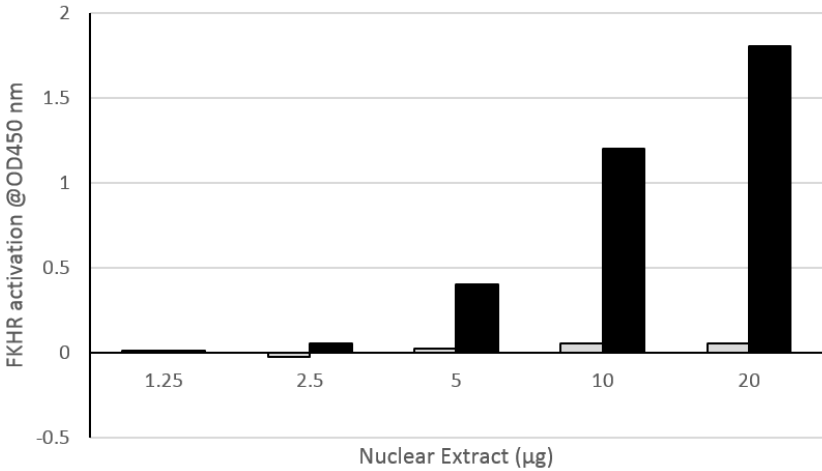
- 11.4.1. Add 100  $\mu$ L RT Developing Solution to all wells being used.
- 11.4.2. Incubate 2 – 15 minutes at RT protected from direct light. Optimal incubation time will vary for each experiment depending on amount of transcription factor present in the sample. Monitor the blue color development in the sample wells until it turns medium to dark blue. Do not overdevelop.

**NOTE:** *Positive control wells may need to overdevelop to allow adequate color development in sample wells.*

- 11.4.3. Add 100  $\mu$ L Stop Solution to all wells being used. The solution within the wells will change from blue to yellow after adding the Stop Solution (due to presence of acid in Stop Solution).
- 11.4.4. Read absorbance on a spectrophotometer at OD 450 nm within 5 minutes, with a reference wavelength of OD 665 nm. Blank the plate reader according to the manufacturer's instructions using the blank wells.

## 12. TYPICAL DATA

**TYPICAL DATA** – Data provided for **demonstration purposes only**.



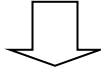
**Figure 1** Different amounts of nuclear extracts from untreated HeLa (grey) and Raji (black) cells were tested for FOXO1 activity. These results are provided for demonstration purposes only.

## 13. QUICK ASSAY PROCEDURE

**NOTE:** This procedure is provided as a quick reference for experienced users. Follow the detailed procedure when performing the assay for the first time.

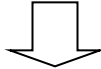
### Sample binding to consensus sequence

- Add 40  $\mu$ L CBB + wt/mutant oligo to Competitive Binding control wells. Add 40  $\mu$ L CBB to each of the other wells used.
- Add 10  $\mu$ L sample, positive control and blank to the relevant wells.
- Incubate 1 hour RT with mild agitation (100 rpm on a rocker).
- Wash each well 3 times with 200  $\mu$ L 1X Wash Buffer.



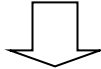
### Primary antibody binding

- Add 100  $\mu$ L diluted primary antibody (1/1000) to each well.
- Incubate 1 hour RT with no agitation.
- Wash each well 3 times with 200  $\mu$ L 1X Wash Buffer.



### Secondary antibody binding

- Add 100  $\mu$ L diluted HRP antibody (1/1000) to each well.
- Incubate 1 hour RT with no agitation.
- Wash each well 4 times with 200  $\mu$ L 1X Wash Buffer.



### Measurement

- Add 100  $\mu$ L RT Development Solution to each well.
- Incubate 2 – 10 minutes RT protected from light.
- Add 100  $\mu$ L Stop Solution into each well.
- Measure OD 450 nm (reference wavelength 655 nm).

# RESOURCES

## 14. TROUBLESHOOTING

Problem	Cause	Solution
No signal or weak signal in any well	Omission of key reagent	Check that all reagents have been added in the correct order
	Substrate or conjugate in no longer active	Test conjugate and substrate for activity
	Enzyme inhibitor present	Sodium azide will inhibit peroxidase reaction; do not add to buffers
	Plate reader settings not optimal	Verify the wavelength and filter settings in the plate reader
	Incorrect assay temperature	Bring reagents to room temperature
No Signal or weak signal in sample wells	Not enough nuclear extract per well	Increase amount of nuclear extract – do not exceed 50 µg/well
	FOXO1 is poor activated or inactivated	Perform a time course for FOXO1 activation in the studied cell line
	Extracts are not from correct species	This product detects bound FOXO1 in human, mouse and rat samples
High background in all wells	Developing time too long	Stop enzymatic reaction as soon the positive wells turn medium-dark blue
	Concentration of antibodies too high	Increase antibody dilutions
	Inadequate washing	Ensure all wells are filled with Wash Buffer and follow washing recommendations
High background in sample wells	Too much nuclear extract per well	Decrease amount of nuclear extract to 1 – 2 µg/well
	Concentration of antibodies too high	Perform antibody titration to determine optimal concentration. Start with 1/2000 for 1° Ab and 1/5000 for 2° Ab. Assay sensitivity will be decreased
Uneven color development	Incomplete washing of wells	Ensure all wells are filled with Wash Buffer and follow washing recommendations
	Well cross-contamination	Follow washing recommendations

### 15. INTERFERENCES

These chemicals or biological materials will cause interference in this assay causing compromised results or complete failure:

- Sodium azide – it will inhibit the peroxidase reaction. Do not add to any buffer to be used in this assay.



### 16. NOTES

## RESOURCES

## RESOURCES

## RESOURCES

**UK, EU and ROW**

Email: [technical@abcam.com](mailto:technical@abcam.com) | Tel: +44-(0)1223-696000

**Austria**

Email: [wissenschaftlicherdienst@abcam.com](mailto:wissenschaftlicherdienst@abcam.com) | Tel: 019-288-259

**France**

Email: [supportscientifique@abcam.com](mailto:supportscientifique@abcam.com) | Tel: 01-46-94-62-96

**Germany**

Email: [wissenschaftlicherdienst@abcam.com](mailto:wissenschaftlicherdienst@abcam.com) | Tel: 030-896-779-154

**Spain**

Email: [soportecientifico@abcam.com](mailto:soportecientifico@abcam.com) | Tel: 911-146-554

**Switzerland**

Email: [technical@abcam.com](mailto:technical@abcam.com)

Tel (Deutsch): 0435-016-424 | Tel (Français): 0615-000-530

**US and Latin America**

Email: [us.technical@abcam.com](mailto:us.technical@abcam.com) | Tel: 888-77-ABCAM (22226)

**Canada**

Email: [ca.technical@abcam.com](mailto:ca.technical@abcam.com) | Tel: 877-749-8807

**China**

Email: [cn.technical@abcam.com](mailto:cn.technical@abcam.com) | Tel: 400 628 6880 WeChat: [abcam\\_cn](#)

**Asia Pacific**

Email: [hk.technical@abcam.com](mailto:hk.technical@abcam.com) | Tel: +852 2603 6823

**Japan**

Email: [technical@abcam.co.jp](mailto:technical@abcam.co.jp) | Tel: +81-(0)3-6231-0940

**Australia**

Email: [au.technical@abcam.com](mailto:au.technical@abcam.com) | Tel: +61 (0)3 8652 1450

**New Zealand**

Email: [nz.technical@abcam.com](mailto:nz.technical@abcam.com) | Tel: +64 (0)9 909 7829

**Singapore**

Email: [sg.technical@abcam.com](mailto:sg.technical@abcam.com) | Tel: +65 6734 9242