Instructions for Use

For the quantitative measurement of Human Interferon gamma in cell culture supernatants, buffered solutions, serum, plasma and other body fluids.

This product is for research use only and is not intended for diagnostic use.
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INTRODUCTION

1. BACKGROUND

Abcam’s IFNγ Human in vitro ELISA Set is designed for the quantitative measurement of IFNγ in cell culture supernatants, buffered solutions, serum, plasma and other body fluids.

An antibody specific for IFNγ is coated onto the wells of the microtiter plates. Samples, including standards of known IFNγ concentrations and unknowns are pipetted into these wells and incubated at room temperature. The wells are then washed and a biotinylated antibody specific for IFNγ is added to the wells and incubated. After further washing, a Streptavidin-peroxydase conjugate is added to each well, and incubated. The wells are then washed to remove all unbound enzyme and TMB solution, which acts on the bound enzyme, is added to induce a colored reaction product. The intensity of this colored product is directly proportional to the concentration of IFNγ present in the samples.

Different populations of T-cells secrete differing patterns of cytokines that ultimately lead to different immune responses. IFNγ production is a key function of Th1, CD8+ CTLs and also NK cells. It is a cytokine critical for cell mediated immunity against viral and intracellular bacterial infections and is involved in the inflammatory response following secretion via macrophage activation and stimulation of antibody secretion. IFNγ is the hallmark effector cytokine of Th1 and therefore is an excellent marker for identifying a host response to intracellular pathogens. IFNγ is produced during infection by T cells of the cytotoxic/suppressor phenotype (CD8) and by a subtype of helper T cells, the Th1 cells. Th1 cells secrete IL-2, IL-3, TNFα and IFNγ, whereas Th2 cells mainly produce IL-3, IL-4, IL-5, and IL-10, but little or no IFNγ. IFNγ preferentially inhibits the proliferation of Th2 but not Th1 cells, indicating that the presence of IFNγ during an immune response will result in the preferential proliferation of Th1 cells. In addition, IFNγ has several properties related to immunoregulation. IFNγ is a potent activator of mononuclear phagocytes, and activates
macrophages to kill tumor cells by releasing reactive oxygen intermediates and TNFα. IFNγ induces or augments the expression of MHC antigens on macrophages, T and B cells and some tumor cell lines. On T and B cells IFNγ promotes differentiation. It enhances proliferation of activated B cells and can act synergistically with IL-2 to increase immunoglobulin light-chain synthesis. The role of IFNγ as a disease marker has been demonstrated for a number of different pathological situations including, viral infection, autoimmune disease, transplant rejection, Diabetes and allergy. This kit will recognize both endogenous and recombinant Human IFNγ.
2. ASSAY SUMMARY

Remove appropriate number of antibody coated well strips. Equilibrate all reagents to room temperature. Prepare all the reagents, samples, and standards as instructed.

Add standard or sample to each well used.

Add biotinylated labeled detector antibody to each well used. Incubate at room temperature.

Aspirate and wash each well. Add prepared Streptavidin-HRP mix to each well. Incubate at room temperature.

Aspirate and wash each well. Add the TMB Solution to each well until color develops and then add the Stop Solution. Immediately begin recording the color development.
3. **PRECAUTIONS**  
Please read these instructions carefully prior to beginning the assay.

All kit components have been formulated and quality control tested to function successfully as a kit. Modifications to the kit components or procedures may result in loss of performance.

4. **STORAGE AND STABILITY**  
Store kit at +2-8°C immediately upon receipt.

Refer to list of materials supplied for storage conditions of individual components. Observe the storage conditions for individual prepared components in section 9. Reagent Preparation.

5. **MATERIALS SUPPLIED**

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
<th>Storage Condition (Before Preparation)</th>
</tr>
</thead>
<tbody>
<tr>
<td>IFNγ Capture antibody</td>
<td>1 x 500 µL</td>
<td>+2-8°C</td>
</tr>
<tr>
<td></td>
<td>2 x 500 µL</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 x 500 µL</td>
<td></td>
</tr>
<tr>
<td>Detection biotinylated ant-IFNγ antibody</td>
<td>1 x 1 vial</td>
<td>+2-8°C</td>
</tr>
<tr>
<td></td>
<td>2 x 1 vial</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 x 1 vial</td>
<td></td>
</tr>
<tr>
<td>IFNγ standard</td>
<td>5 x 1 vial</td>
<td>+2-8°C</td>
</tr>
<tr>
<td></td>
<td>10 x 1 vial</td>
<td></td>
</tr>
<tr>
<td></td>
<td>15 x 1 vial</td>
<td></td>
</tr>
<tr>
<td>Streptavidin HRP</td>
<td>1 x 1 vial</td>
<td>+2-8°C</td>
</tr>
<tr>
<td></td>
<td>2 x 1 vial</td>
<td></td>
</tr>
<tr>
<td></td>
<td>3 x 1 vial</td>
<td></td>
</tr>
<tr>
<td>Ready-to-Use TMB</td>
<td>2 x 1 vial</td>
<td>+2-8°C</td>
</tr>
<tr>
<td></td>
<td>4 x 1 vial</td>
<td></td>
</tr>
<tr>
<td></td>
<td>6 x 1 vial</td>
<td></td>
</tr>
</tbody>
</table>
6. MATERIALS REQUIRED, NOT SUPPLIED

These materials are not included in the kit, but will be required to successfully utilize this assay:

- 96 well Microtitre plates.
- Reconstitution Buffer
  1X PBS + 0.09% Azide. Once prepared store at 2-8°C for up to one week.
- Coating Buffer
  1X PBS, pH 7.2-7.4. Once prepared store at 2-8°C for up to one week.
- Wash Buffer
  1X PBS + 0.05% Tween20. Once prepared use immediately.
- Blocking Buffer
  1X PBS + 5% BSA. Once prepared store at 2-8°C for up to one week.
- Standard and Secondary Antibody Dilution Buffer
  1X PBS + 1% BSA. Once prepared store at 2-8°C for up to one week.
- HRP Diluent Buffer
  1X PBS + 1% BSA + 0.1% Tween20. Once prepared store at 2-8°C for up to one week.
- Stop Reagent (1M Sulfuric Acid).
- Microtitre plate reader with appropriate filters (450 nm required with optional 620 nm reference filter).
- Microplate washer or wash bottle.
- 10, 50, 100, 200 and 1,000 μL adjustable single channel micropipettes with disposable tips.
- 50-300 μL multi-channel micropipette with disposable tips.
- Multichannel micropipette reagent reservoirs.
- Distilled water.
7. **LIMITATIONS**

- Exact conditions may vary from assay to assay, a standard curve should be generated for every assay performed.
- Bacterial or fungal contamination of either samples or reagents or cross-contamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure will result in either false positive or false negative results. Completely empty wells before dispensing fresh 1X Wash Buffer. Do not allow wells to sit uncovered or dry for extended periods.
- Do not extrapolate the standard curve beyond the maximum standard curve point. The dose-response is non-linear in this region and good accuracy is difficult to obtain. Concentrated samples above the maximum standard concentration must be diluted with Standard diluent or with your own sample buffer to produce an OD value within the range of the standard curve. Following analysis of such samples always multiply results by the appropriate dilution factor to produce actual final concentration.
8. TECHNICAL HINTS

- Kit components should be stored as indicated. All the reagents should be equilibrated to room temperature before use. Reconstituted standards should be discarded after use.
- Use a clean disposable plastic pipette tip for each reagent, standard, or specimen addition in order to avoid cross-contamination; for the dispensing of the Stop Solution and substrate solution, avoid pipettes with metal parts.
- Thoroughly mix the reagents and samples before use by agitation or swirling.
- All residual washing liquid must be drained from the wells by efficient aspiration or by decantation followed by tapping the plate forcefully on absorbent paper. Never insert absorbent paper directly into the wells.
- The TMB solution is light sensitive. Avoid prolonged exposure to light. Also, avoid contact of the TMB solution with metal to prevent color development. Warning TMB is toxic avoid direct contact with hands. Dispose of properly.
- If a dark blue color develops within a few minutes after preparation, this indicates that the TMB solution has been contaminated and must be discarded.
- Read absorbances within 1 hour after completion of the assay.
- When pipetting reagents, maintain a consistent order of addition from well-to-well. This will ensure equal incubation times for all wells.
- Dispense the TMB solution within 15 minutes following the washing of the microtiter plate.

This kit is sold based on number of tests. A ‘test’ simply refers to a single assay well. Please contact our Technical Support staff with any questions.
9. REAGENT PREPARATION

Equilibrate all reagents and samples to room temperature (18-25°C) prior to use.

9.1 Capture Antibody

For 1 x 96 well plate add 100 µL of Capture Antibody into 10 mL of Coating Buffer.

9.2 Reconstituted Biotinylated anti IFNγ Detection Antibody

The antibody is prepared immediately before use. Reconstitute each vial with 550 µL PBS + 0.1% Azide w/v or another preservative. Dilute the reconstituted biotinylated anti-IFNγ with the Standard and Secondary Antibody Dilution Buffer in an appropriate clean glass vial. For 1 x 96 well plate add 100 µL of the reconstituted Detection Antibody into 5 mL of Standard and Secondary Antibody Dilution Buffer. Once prepared store at 2-8°C for up to one year.

9.3 Preparation of Streptavidin-HRP

It is recommended to centrifuge the vial for a few seconds in a microcentrifuge to collect all the volume at the bottom of the vial. Dilute 5 µL of Streptavidin-HRP into 500 µL of HRP Diluent Buffer immediately before use. For 1 x 96 well plate take 150 µL of the diluted HRP solution into 10 mL of HRP Diluent Buffer. Do-not keep these solutions for future experiments.
10. STANDARD PREPARATION

- Standard vials must be reconstituted with the volume of standard dilution buffer shown on the vial immediately prior to use.

10.1. Reconstitute the IFNγ standard sample by adding the volume of Standard Dilution Buffer indicated on the vial label by pipette. Mix thoroughly and gently. This is the 400 pg/mL Standard #1 Solution (see table below).

*Note: The reconstituted Standard #1 should be discarded after use and not stored for reuse.*

10.2. Label six tubes with Standards #2 – 7.

10.3. Add 300 µL Standard Dilution Buffer into Standard #2 - 6 and 500 µL Standard Dilution Buffer into Standard #7.

10.4. Prepare Standard #2 by transferring 300 µL from Standard #1 to Standard #2. Mix thoroughly and gently.

10.5. Prepare Standard #3 by transferring 300 µL from Standard #2 to Standard #3. Mix thoroughly and gently.

10.6. Using the table below as a guide, repeat for Standards #4 through to Standard #6.

10.7. Standard #7 contains no protein and is the Blank control.
## Standard Dilution Preparation Table

<table>
<thead>
<tr>
<th>Standard #</th>
<th>Sample to Dilute</th>
<th>Volume to Dilute (µL)</th>
<th>Volume of Diluent (µL)</th>
<th>Starting Conc. (pg/mL)</th>
<th>Final Conc. (pg/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>See Step 10.1</td>
<td></td>
<td></td>
<td></td>
<td>400</td>
</tr>
<tr>
<td>2</td>
<td>Standard #1</td>
<td>300</td>
<td>300</td>
<td>400</td>
<td>200</td>
</tr>
<tr>
<td>3</td>
<td>Standard #2</td>
<td>300</td>
<td>300</td>
<td>200</td>
<td>100</td>
</tr>
<tr>
<td>4</td>
<td>Standard #3</td>
<td>300</td>
<td>300</td>
<td>100</td>
<td>50</td>
</tr>
<tr>
<td>5</td>
<td>Standard #4</td>
<td>300</td>
<td>300</td>
<td>50</td>
<td>25</td>
</tr>
<tr>
<td>6</td>
<td>Standard #5</td>
<td>300</td>
<td>300</td>
<td>25</td>
<td>12.25</td>
</tr>
<tr>
<td>7 (Blank)</td>
<td>-</td>
<td>-</td>
<td>500</td>
<td>0</td>
<td>0</td>
</tr>
</tbody>
</table>

![Diagram of dilution process](image)
11. SAMPLE PREPARATION AND STORAGE

- Cell culture supernatants, Human serum, plasma or other biological samples will be suitable for use in the assay.
- If not analyzed shortly after collection, samples should be aliquoted (250-500 µL) to avoid repeated freeze-thaw cycles and stored frozen at –70°C. Avoid multiple freeze-thaw cycles of frozen specimens.
- Do not thaw samples by heating at 37°C or 56°C. Thaw at room temperature and make sure that sample is completely thawed and homogeneous before use. When possible avoid use of badly haemolysed or lipemic sera. If large amounts of particles are present these should be removed prior to use by centrifugation or filtration.

11.1. **Cell culture supernatants**

Remove particulates and aggregates by centrifuging at approximately 1,000 x g for 10 minutes.

11.2. **Serum**

Use pyrogen/endotoxin free collecting tubes. Serum should be removed rapidly and carefully from the red cells after clotting. Following clotting, centrifuge at approximately 1,000 x g for 10 minutes and remove serum.

11.3. **Plasma**

EDTA, citrate and heparin plasma can be assayed. Centrifuge samples at 1,000 x g for 30 minutes to remove particulates. Harvest plasma.
12. PLATE PREPARATION

- If you wish to store the coated and blocked plates for future use, bench dry each plate at room temperature (18 to 25°C) for 24 hours. Cover the plates and then store at 2-8°C in a sealed plastic bag with desiccant for up to 12 months.

12.1. Add 100 µL of diluted Capture Antibody to each well. Cover with a plastic plate cover and incubate at 4°C overnight.

12.2. Remove the cover and wash the plate as follows:
   12.2.1. Aspirate the liquid from each well.
   12.2.2. Dispense 400 µL of washing solution into each well.
   12.2.3. Aspirate the contents of each well.
   12.2.4. Repeat step 12.2.2 and 12.2.3.

12.3. Add 250 µL of Blocking Buffer to each well.

12.4. Cover with a plastic plate cover and incubate at room temperature (18 to 25°C) for 2 hours.

12.5. Remove the cover and wash the plate as follows:
   12.5.1. Aspirate the liquid from each well.
   12.5.2. Dispense 400 µL of washing solution into each well.
   12.5.3. Aspirate the contents of each well.
   12.5.4. Repeat step 12.5.2 and 12.5.3 two times.
13. ASSAY PROCEDURE

- Equilibrate all materials and prepared reagents to room temperature prior to use.
- It is recommended to assay all standards, controls and samples in duplicate.
- We strongly recommend that every vial is mixed thoroughly without foaming prior to use except the standard vial which must be mixed gently by inversion only.
- Note: Final preparation of Biotinylated anti-IFNγ and Streptavidin-HRP should occur immediately before use.

13.1 Prepare Standard curve as shown in Section 10.
13.2 Add 100 µL of each standard or sample to appropriate wells in duplicate.
13.3 Add 50 µL of diluted Detection Antibody into all wells.
13.4 Cover with a plastic plate cover and incubate at room temperature (18 to 25°C) for 2 hours.
13.5 Remove the cover and wash the plate as follows:
   13.5.1 Aspirate the liquid from each well
   13.5.2 Dispense 400 µL of washing solution into each well
   13.5.3 Aspirate the contents of each well
   13.5.4 Repeat step 13.5.2 and 13.5.3.
13.6 Add 100 µL of Streptavidin-HRP solution into all wells.
13.7 Cover with a plastic plate cover and incubate at room temperature (18 to 25°C) for 30 minutes.
13.8 Repeat wash step 13.5.
13.9 Add 100 µL of ready-to-use TMB Substrate Solution into all wells.
13.10 Incubate in the dark for 5-15 minutes* at room temperature. Avoid direct exposure to light by wrapping the plate in aluminium foil.
ASSAY PROCEDURE

*Incubation time of the substrate solution is usually determined by the ELISA reader performance. Many ELISA readers only record absorbance up to 2.0 O.D. Therefore the colour development within individual microwells must be observed by the analyst, and the substrate reaction stopped before positive wells are no longer within recordable range.

13.11 Add 100 µL of Stop Reagent into all wells.

13.12 Read the absorbance value of each well (immediately after step 13.11.) on a spectrophotometer using 450 nm as the primary wavelength and optionally 620 nm as the reference wave length (610 nm to 650 nm is acceptable).
14. **CALCULATIONS**

Calculate the average absorbance values for each set of duplicate standards and samples. Ideally duplicates should be within 20% of the mean.

Generate a linear standard curve by plotting the average absorbance of each standard on the vertical axis versus the corresponding IFNγ standard concentration on the horizontal axis.

The amount of IFNγ in each sample is determined by extrapolating OD values against IFNγ standard concentrations using the standard curve.
15. **TYPICAL DATA**

**TYPICAL STANDARD CURVE** - Data provided for demonstration purposes only. A new standard curve must be generated for each assay performed.

![IFNγ Standard Curve](image)

<table>
<thead>
<tr>
<th>Conc. (pg/mL)</th>
<th>O.D.</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>0.035</td>
</tr>
<tr>
<td>12.5</td>
<td>0.148</td>
</tr>
<tr>
<td>25</td>
<td>0.202</td>
</tr>
<tr>
<td>50</td>
<td>0.381</td>
</tr>
<tr>
<td>100</td>
<td>0.669</td>
</tr>
<tr>
<td>200</td>
<td>1.217</td>
</tr>
<tr>
<td>400</td>
<td>2.303</td>
</tr>
</tbody>
</table>

**Figure 1.** Example of typical IFNγ standard curve data.
16. ASSAY SPECIFICITY
The assay recognizes natural Human IFNγ. To define specificity of this IFNγ antibody pair, several proteins were tested for cross reactivity using the Abcam IFNγ pre-coated ELISA kit (which contains the same antibodies). There was no cross reactivity observed for any protein tested (IL-1α, IL-1β, IL-10 IL-12, IL-4, IL-6, TNFα, IL-8 and IL-13).

17. ASSAY SENSITIVITY
The sensitivity, minimum detectable dose of this IFNγ antibody pair was determined using the Abcam IFNγ ELISA kit (which contains the same antibodies) and was found to be <5 pg/mL. This was determined by adding 3 standard deviations to the mean OD obtained when the zero standard was assayed 40 times.
## 18. TROUBLESHOOTING

<table>
<thead>
<tr>
<th>Problem</th>
<th>Cause</th>
<th>Solution</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor standard curve</td>
<td>Inaccurate pipetting</td>
<td>Check pipettes</td>
</tr>
<tr>
<td></td>
<td>Improper standards dilution</td>
<td>Prior to opening, briefly spin the stock standard tube and dissolve the powder thoroughly by gentle mixing</td>
</tr>
<tr>
<td>Low Signal</td>
<td>Incubation times too brief</td>
<td>Ensure sufficient incubation times; change to overnight standard/sample incubation</td>
</tr>
<tr>
<td></td>
<td>Inadequate reagent volumes or improper dilution</td>
<td>Check pipettes and ensure correct preparation</td>
</tr>
<tr>
<td>Large CV</td>
<td>Plate is insufficiently washed</td>
<td>Review manual for proper wash technique. If using a plate washer, check all ports for obstructions</td>
</tr>
<tr>
<td></td>
<td>Contaminated wash buffer</td>
<td>Prepare fresh wash buffer</td>
</tr>
<tr>
<td>Low sensitivity</td>
<td>Improper storage of the ELISA kit</td>
<td>Store the reconstituted protein at -80°C, all other assay components +2-8°C. Keep substrate solution protected from light.</td>
</tr>
</tbody>
</table>
UK, EU and ROW
Email: technical@abcam.com | Tel: +44-(0)1223-696000

Austria
Email: wissenschaftlicherdienst@abcam.com | Tel: 019-288-259

France
Email: supportscientifique@abcam.com | Tel: 01-46-94-62-96

Germany
Email: wissenschaftlicherdienst@abcam.com | Tel: 030-896-779-154

Spain
Email: soportecientifico@abcam.com | Tel: 911-146-554

Switzerland
Email: technical@abcam.com
Tel (Deutsch): 0435-016-424 | Tel (Français): 0615-000-530

US and Latin America
Email: us.technical@abcam.com | Tel: 888-77-ABCAM (22226)

Canada
Email: ca.technical@abcam.com | Tel: 877-749-8807

China and Asia Pacific
Email: hk.technical@abcam.com | Tel: 400 921 0189 / +86 21 2070 0500

Japan
Email: technical@abcam.co.jp | Tel: +81-(0)3-6231-0940

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